

Sophie Appleton - Violin

Sophie's love of chamber music began at a young age, being fully immersed in it at home with her parents and musical friends, and then at the Purcell School which she joined at the age of eleven and where, later, she was a founder member of the Heath String Quartet. After undergraduate study at the Guildhall School of Music in London, Sophie played in the Denis East string quartet, the prizewinning Bloomsbury Piano Trio, and the contemporary music collectives Kürbis and The Hola.

Sophie has been one of the violinists of the North East-based Frankland Quartet since 2017, in which she plays with her colleagues from Royal Northern Sinfonia. She is much in demand as a chamber musician and orchestral player and particularly as an exponent of contemporary music, recently performing solo alongside EXAUDI vocal ensemble during the opening weekend of the 2025 Aldeburgh Festival.